

NWSC RULES ON DIVING – 2015 season

There are swimming pools with diving boards that do not meet the Westchester Public Health Department standards/specifications, and for the safety aspect of the sport of Diving, NWSC shall abide by the following:

- If a facility does not have a diving board, the diving competition is not held and no points are awarded to either team.
- Pools that do not meet the standard depth of 10 feet, and other Westchester County rules, shall not permit diving unless the pool depth is at the minimum 9 ½ feet and is used by the diving team only (as stated by Westchester County Public Health Department).
- If the home team has divers and a regulation diving board, (which meets all requirements of the Westchester County Public Health Department) and the visiting team has divers, both teams shall compete for diving points.
- If the home team has a regulation diving board, and the visiting team does not have divers, the home team may dive and receive the maximum of 8 points per age group per sex. (There are four diving groups in every swim meet; 2 girls' age groups and 2 boys' age groups). If one team refuses to compete, the other team, provided that their 8 legal divers compete, can start the swim portion of the meet with 32 points. Diving counts as an individual event. Point scoring for diving is 5-3-2-1. No team can score more than 2 places in diving.
- If a team refuses to compete, the other team may dive and shall score all points allowed (see above explanation).
- The following pools will not have diving for the 2015 season:

Mt. Kisco CC	Peekskill	Pleasantville
Seven Bridges	Waccabuc	Windmill
- Pools without diving boards shall not enter any diving competition unless approved by the rules committee.
- Diving Warm-up begins: Tuesday evening meets – 4:30pm; Saturday morning meets – 8:00am. (July 28, 2005)
- Diving Sheets must be handed in to the official 15 minutes before the start of the meet. (July 28, 2005). Age groups are: 13 & under and 18 & under. A team may enter up to 3 divers per age group, to correspond with the number of lanes the pool has. (July 29, 2004). **TO CLARIFY: a 4 lane pool may only dive 2 divers per gender per age group, yet a 6 lane pool can dive 3 divers per gender per age group. Exhibition divers MUST be determined when the diving sheets are handed in to the Official.**
- Divers are eligible for the Diving Divisional Championships provided they have competed in two dual meet (or two B meet) competitions.