

Sportsmanship helps a child develop their characters, introduces them to the virtues of team spirit and teaches them to be humble in victory and optimistic in defeat. At the same time, it also gives them an insight into the benefits of playing sports.

Sportsmanship is a concept that implies adherence to the rules and regulations of a sport, and the following of proper sports etiquette. There have been many advocates of good sportsmanship over the years. Sportsmanship can define you as a player, a coach, an official and a parent. We strongly believe that participation in the Northern Westchester Swim conference should inspire children of all ages, not discourage them, but leave them longing for what is to come the very next time they jump into the water.