

NORTHERN WESTCHESTER SWIM CONFERENCE, INC.  
<http://nwsc.usswim.net>

B - Meet Rules (SWIMMING)

- PURPOSE:** To give novice and intermediate swimmers an incentive to improve.  
To give novice and intermediate swimmers an opportunity to compete at their level.  
To build and expand all NWSC, Inc. teams and the sport of swimming.
- RULES:** The rules will be the same as the regular adopted conference rules except where amended for "B" competition:
- All swimmers are entitled to swim
  - No score will be kept
  - Swimmers must compete unaided (exception: a swimmer with a disability)
- ELIGIBILITY:** A contestant may not be entered in a "B" Meet if he/she has won a 1<sup>st</sup> or 2<sup>nd</sup> place in ANY EVENT in an "A" meet, (excluding relays).
- STARTER:** The host team must supply a person to start each race.
- EVENTS:** The events will be the same as regular dual meets with the following exceptions:
- There will be no relays
  - There will be no 18 & under events (unless a swimmer needs to qualify for championships)
  - 14 & unders will swim 50 yards/meters for all events
  - No limit on number of heats per event
  - Children may swim in any number of events
- TIMERS:** One per lane is suggested, but not mandatory
- AWARDS:** Ribbons are to be awarded to all places per heat
- RAIN DATES:** Reschedule at the convenience of the host pool, if possible.