

Team Contact Information 2022					
Team	Email	Name	Position	Phone	Pool Number
Bedford Golf and Tennis	carre141@gmail.com	Clare Carr	Swim Coach	914.804.4826	914.234.4108
Bedford Golf and Tennis			Dive Coach		
Bedford Golf and Tennis	thetowssendfamily@gmail.com	Johannah Townsend	Parent Representative		
Bedford Hills	emmafabry22@gmail.com	Emma Fabry	Swim Coach	914.656.1108	914.666.7150
Bedford Hills			Dive Coach		
Bedford Hills	kirahopf@gmail.com	Kira Hopf	Parent Representative	646.391.7770	
Bedford Hills	riabellatone.com	Jeanne Labella	Parent Representative	911.409.2664	
Bedford Hills	ncaviola@bedfordny.gov	Nicole Caviola	Recreation Supervisor		
Bedford Village	jack.gerken@yahoo.com	Jack Gerken	Swim Coach	914.420.8532	914.234.3246
Bedford Village			Dive Coach		
Bedford Village			Parent Representative		
Bedford Village	ncaviola@bedfordny.gov	Nicole Caviola	Recreation Supervisor		
Birchwood	adrien@bsu.edu	Adrien Pierce	Swim Coach	914.671.2626	914.238.4824
Birchwood	katewohl2@gmail.com	Kate Wohl	Swim Coach	646.581.5425	
Birchwood	kwooley13@elmira.edu	Kathryn Tooley	Dive Coach	914.330.5155	
Birchwood	lhdixon@gmail.com	Lisa Dixon	Parent Representative	917.697.8124	
Birchwood	amdecki@gmail.com	Anne Nadecki	Parent Representative	914.844.0959	
Briarcliff			Swim Coach		914.488.2115
Briarcliff			Dive Coach		
Briarcliff			Parent Representative		
Briarcliff	kpeterson@briarcliffmanor.gov	Kyle Peterson	Recreation Supervisor	914.941.6560	
Chappaqua	ohlanceboy@aol.com	Dan Levy	Swim Coach	914.255.5999	914.238.4999
Chappaqua	jamesragusa@gmail.com	James Ragusa	Dive Coach	203.914.6902	
Chappaqua	lori.a.shay@gmail.com	Lori A. Shay	Parent Representative	914.772.6435	
Cortland	niknak7300@aol.com	Nikki Segur	Swim Coach	914.438.5443	914.788.1263
Cortland		(Monika) Nika Ryan-Hsu	Swim Coach	914.325.4969	
Cortland			Dive Coach		
Cortland	nkamy3son@gmail.com		Parent Representative	914.325.4969	
Cortland	LesleyP@townofcortland.com	Lesley Popkin	Recreation Supervisor		
Katonah	jkf720@yahoo.com	Jessica Frank	Swim Coach	914.232.7474	914.232.9349
Katonah			Dive Coach		
Katonah	kelleher@aol.com	Erin O'Donnell	Parent Representative	914.260.9693	
Katonah	Christine.helman@gmail.com	Christine Helman	Parent Representative	516.216.8588	
Katonah	ncaviola@bedfordny.gov	Nicole Caviola	Recreation Supervisor		
Lakeside	krothward@gmail.com	Karen Roth	Swim Coach	203.788.4845	914.669.9639
Lakeside	mdlu0805@gmail.com	Maddie Thomas	Dive Coach	203.299.7467	
Lakeside	dorilong11@yahoo.com	Dori Long	Parent Representative	561.676.7562	
Lewisboro	camelor93@optonline.net	Meq Kaplan	Swim Coach	914.260.1213	914.763.8532
Lewisboro			Dive Coach		
Lewisboro			Parent Representative		
Mount Kisco Country Club	davirez15@gmail.com	David Rmirez	Swim Coach	917-583-5109	
Mount Kisco Country Club			Dive Coach		
Mount Kisco Country Club			Parent Representative		
Mount Kisco Memorial	kristin.mannion15@gmail.com	Kristin Mannion	Swim Coach	914.514.5015	914.666.5075
Mount Kisco Memorial	emilymeymarple@gmail.com	Emily Marple	Dive Coach	914.128.7103	
Mount Kisco Memorial	valenz_casa@gmail.com	Meara Valenzuela	Parent Representative	646.464.2386	
Mount Kisco Memorial	ktbornton@mountkisco.com	Kyle Thornton	Recreation Supervisor	914.666.5075	
Mount Pleasant	liamnaughton11@gmail.com	Liam Naughton	Swim Coach	914.441.2115	914.742.2310
Mount Pleasant	Guadalupes2190@gmail.com	Guadalupe Amelia	Dive Coach	914.705.9251	914.769.1766
Mount Pleasant			Parent Representative		
Ossining	nicolecalle103@gmail.com	Nicole Calle	Swim Coach		
Ossining			Dive Coach		
Ossining			Parent Representative		
Peekskill	saraward814@gmail.com	Sara Ward	Swim Coach	347.739.8130	914.402.7211
Peekskill			Dive Coach		
Peekskill			Parent Representative		
Pleasantville	dearstvcne2372@gmail.com	Phyll Dearstvcne	Swim Coach	914.715.3327	914.495.3660
Pleasantville			Dive Coach		
Pleasantville	Nicolelemleox@yahoo.com	Nicole Callahan	Parent Representative		
Pleasantville	mpaddy@yahoo.com	Patrick O'Brien	Parent Representative		
Pleasantville	plargey@aol.com	Suzanne Largey	Parent Representative	914.769.5042	
Pleasantville	recreationssuperintendent@Pleasantville-ny.gov	Mike Newman	Recreation Supervisor		
Pocantico Hills	sbtrimconrad25@gmail.com	Sabrina Conrad	Swim Coach	845.743.5326	914.631.2440 x119
Pocantico Hills	jessecowles2@gmail.com	Jessie Cowles	Dive Coach	914.588.6821	
Pocantico Hills	k17wilson@hotmail.com	Keri Gregersen	Parent Representative	914.255.4840	
Pound Ridge	melissatrail@gmail.com	Melissa Trail	Swim Coach	914.506.7967	
Pound Ridge	melissatrail@gmail.com	Melissa Trail	Dive Coach	914.506.7967	
Pound Ridge	kaylovig@gmail.com	Kay Lovig	Parent Representative	914.359.0137	
Seven Bridges	emmagreene146@gmail.com	Emma Green	Swim Coach	914.486.4441	914.666.2102
Seven Bridges			Dive Coach		
Seven Bridges	amandagreene22@gmail.com	Amanda Greene	Parent Representative	646.280.8410	
Tarryvest	tarryvestswim@gmail.com	Grace Ryan	Swim Coach	914.260.2132	914.631.2961
Tarryvest	tarryvestswim@gmail.com	Brian Tompkins	Dive Coach	914.497.8462	
Tarryvest	tarryvestswim@gmail.com	Heidi Bartolacci	Parent Representative	914.629.2060	
Torview	kristincornish@gmail.com	Kristin Cornish	Swim Coach	914.610.6912	914.914.1818
Torview	brt.dallessandro@gmail.com	Brian D'Alessandro	Dive Coach	914.907.0340	
Torview	jeffrey.e.staples@gmail.com	Jeffrey Staples	Parent Representative	816.516.6643	
Waccabuc	kristent@optonline.net	William Fenton	Swim Coach	917.710.7640	914.763.5288
Waccabuc			Dive Coach		
Waccabuc			Parent Representative		
Whippsoorwill	pool@whippsoorwillclub.org	Peyton Long	Swim Coach	914.610.8598	914.273.3011
Whippsoorwill			Dive Coach		
Whippsoorwill	wendymcalister@gmail.com	Wendy Holmes	Parent Representative		
Windmill					
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Willowbrook	blackerc@optonline.net	Kelly Blacker	Swim Coach	914.772.6518	914.666.3916
Willowbrook		Raif Cofino	Dive Coach		
Willowbrook		Wen Sohng	Parent Representative		
Yorktown	Margit.cooley@gmail.com	Margit Cooley	Swim Coach	914.539.0683	914.245.4114
Yorktown	Finn81@aol.com	Beth Kear	Dive Coach	914.879.1632	
Yorktown	Kahua869@yahoo.com	Brian Fagan	Parent Representative	914.438.1315	