

Northern Westchester Swim Conference, Inc.
 CHAMPIONSHIP and ALL STAR MEET Diving Sheet

Order of Diving

PLACE

Name:							Team Name:					<input type="checkbox"/> 13 Women <input type="checkbox"/> 13 Men <input type="checkbox"/> 18 Women <input type="checkbox"/> 18 Men	
Meet vs:							Date:						
NO.	GROUP, POSITION, EXECUTION						DEG OF DIFF	JUDGES' SCORES					NET TOTAL
	FWD	BACK	REV	INW	1/2 TW	ARM		1	2	3	4	5	
1	DIVE		SOM		TW		CUT THRU						
	S	R	FLY	TUCK	PIKE	STR	T	FREE					
2	FWD	BACK	REV	INW	1/2 TW	ARM						+	
	DIVE		SOM		TW		CUT THRU						
	S	R	FLY	TUCK	PIKE	STR	T	FREE					
3	FWD	BACK	REV	INW	1/2 TW	ARM						+	
	DIVE		SOM		TW		CUT THRU						
	S	R	FLY	TUCK	PIKE	STR	T	FREE					
4	FWD	BACK	REV	INW	1/2 TW	ARM						+	
	DIVE		SOM		TW		CUT THRU						
	S	R	FLY	TUCK	PIKE	STR	T	FREE					

A W A R D

INSTRUCTIONS TO DIVERS

Encircle group, dive and position. Add number of somersaults and twists where applicable. List correct degree of difficulty, then sign name here:

Diver's Signature

Coach's Signature