

# SWIMMING CHAMPIONSHIPS Saturday, August 3, 2024

8:30am warm-up 9:00am start

- ENTRIES:
  1. Each Club may enter one (1) person per event.
  2. Each Club may enter one (1) relay per event.
  3. The maximum number of events a contestant can enter is three (3), one of which must be a relay. Thus one may enter three (3) relays.
- RULES/REQUIREMENTS:
  - 1. Each host team must provide to the President, (at the All Star Swimming Meet) the original copy of the completed score sheets from the swimming championship meet. (May 15, 2012)**
  2. Each team must provide 3 timers with working watches, a scorekeeper & ribbon writer.
- **CHAMPIONSHIP MEET COMMITTEE:** shall make decisions on matters not specifically covered by the rules or on the misapplication of a rule during a meet. Judgment calls are not subject to review. The decision of the meet committee is final.  
*Committee Members:* 1 Coach per team, the Division Chairperson and the Meet Referee. **(January 18, 2001)**

## Reminders:

- ✓ Announce that if the winner of any event cannot attend the All Star Meet, they should let the scorers table know ASAP. Please notify the 2<sup>nd</sup> place swimmer.
- ✓ Announce time & place of the All Star Meet & that the first two events of the All Star Swim Meet are the 8 & under (girls & boys) freestyle relays.
- ✓ If any or all 4 swimmers from the winning relay cannot come to the All Star Meet, the team may choose other swimmers from their team to fill the spot(s) provided they meet the age eligibility. Relay teams which are lacking 4 swimmers from the same team, may fill the spots with members from other clubs within the same division. HOWEVER, such composite teams are ineligible to set records.
- ✓ **Hand out colored lane cards to coaches and remind them to use them for the All Star Meet. (Host team should bring extras to the meet)**
- ✓ Email Monique (mggrayson@gmail.com) & President with scores and team places.
- ✓ **Provide to the President, (at the All Star Swimming Meet) the original copy of the completed score sheets from the swimming championship meet. (May 15, 2012).**
- ✓ Teams placing 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> at the Championship Meet must supply one person to time at the All Star Meet.

Order of Events: *event order is read from left to right.*

**RELAY EVENTS** for the Championship Meet differ from those in Dual Meets.

### ***Medley Relays***

10 and under girls - 200 meters/yards  
14 and under girls - 200 meters/yards

10 and under boys - 200 meters/yards  
14 and under boys - 200 meters/yards

### ***Individual Events***

#### **Backstroke**

8 & under girls 25 yards/meters  
10 & under girls 50 yards/meters  
12 & under girls 50 yards/meters  
14 & under girls 50 yards/meters  
18 & under girls 100 yards/meters

8 & under boys 25 yards/meters  
10 & under boys 50 yards/meters  
12 & under boys 50 yards/meters  
14 & under boys 50 yards/meters  
18 & under boys 100 yards/meters

#### **Breaststroke**

8 & under girls 25 yards/meters  
10 & under girls 50 yards/meters  
12 & under girls 50 yards/meters  
14 & under girls 50 yards/meters  
18 & under girls 100 yards/meters

8 & under boys 25 yards/meters  
10 & under boys 50 yards/meters  
12 & under boys 50 yards/meters  
14 & under boys 50 yards/meters  
18 & under boys 100 yards/meters

#### **Butterfly**

8 & under girls 25 yards/meters  
10 & under girls 25 yards/meters  
12 & under girls 50 yards/meters  
14 & under girls 50 yards/meters  
18 & under girls 50 yards/meters

8 & under boys 25 yards/meters  
10 & under boys 25 yards/meters  
12 & under boys 50 yards/meters  
14 & under boys 50 yards/meters  
18 & under boys 50 yards/meters

#### **Freestyle**

6 & under girls 25 yards/meters  
8 & under girls 25 yards/meters  
10 & under girls 50 yards/meters  
12 & under girls 50 yards/meters  
14 & under girls 100 yards/meters  
18 & under girls 100 yards/meters

6 & under boys 25 yards/meters  
8 & under boys 25 yards/meters  
10 & under boys 50 yards/meters  
12 & under boys 50 yards/meters  
14 & under boys 100 yards/meters  
18 & under boys 100 yards/meters

### ***Freestyle Relays***

8 and under girls - 100 meters/yards  
12 and under girls - 200 meters/yards  
18 and under girls - 200 meters/yards

8 and under boys - 100 meters/yards  
12 and under boys - 200 meters/yards  
18 and under boys - 200 meters/yards