

## NORTHERN WESTCHESTER SWIMMING CONFERENCE

July 31, 2025

ZOOM Meeting

[northernwestchestersc.com](http://northernwestchestersc.com)

northernwestchesterswim@gmail.com

**Call to order:** The meeting was called to order at 7:00pm by Michael Panzarino, President. Executive Committee members in attendance: Meg Kaplan, Vice- President, John Osterhoudt, Treasurer, Melissa Farella, Corresponding Secretary, Kelly Blacker, Recording Secretary.

**1. Attendees:** BG&T, Bedford Hills, Bedford Village, Birchwood, Briarcliff, Chappaqua, Cortlandt, Katonah, Lakeside, Lewisboro, MKCC, MKMP, Ossining, Peekskill, Pleasantville, Pocantico Hills, Pound Ridge, Seven Bridges, Tarrycrest, Torview, Waccabuc, Whippoorwill, Willowbrook, Yorktown. **Absent:** Mount Pleasant

**2. Minutes of June 18th, 2025 meeting are pending.**

### **3. Treasurer's Report**

Rosters and dues must be submitted by the specified due dates. These due dates are posted on our website and are discussed at the meetings. Please help us in submitting rosters and dues on time.

January 2026 we will email dues invoice for 2026 season.

Plates for the 2025 season will be handed out at the first in person meeting in 2026. Any blank plates should be given back to John Osterhoudt. If you need a new plaque, please let John know.

**4. Dual Meet Results for the 2025 season are posted on the website**

|             | <u>Division I</u> | <u>Division II</u> | <u>Division III</u> | <u>Division IV</u> | <u>Division V</u> |
|-------------|-------------------|--------------------|---------------------|--------------------|-------------------|
| <b>Up</b>   | Yorktown          | Briarcliff         | Pocantico           | Bedford Hills      | Bedford Village   |
| <b>Down</b> | Katonah           | Peekskill**        | Chappaqua           | Waccabuc           |                   |

\*\* Moves up based on head-to-head meet results.

**5. Schedule of meets for 2026:** The conference thanks Melissa Farella, for all the time that she put into the 2025 schedule. We appreciate your dedication and commitment.

### **2026 Scheduled dates:**

Dual meets: June 30, July 1, 2, 7, 8, 9, 11, 14, 15, 16, 21, 22, 23, 25, 28

Dive Champs July 29th. Dive All Stars July 30th.

Swim Champs August 1st. All Stars August 2nd.

B Dive meets: Monday July 13 and 27th

B swim meets: Monday July 6<sup>th</sup> and 20th

Clubs must have a meet on one out of the first two dates on the schedule. Clubs cannot request to have both dates off. Clubs must notify Melissa Farella, Corresponding Secretary by March 31, 2026, if there are any blackout dates.

**Motion to accept the 2026 schedule** – Pound Ridge, Seconded - Willowbrook. Unanimously approved.

**6. Championship and All-Star Sites for 2026.** Please sign up via email and note the guidelines for hosting meets.

All Star Swimming: Briarcliff

All Star Diving: Lewisboro

Please note for 2025 champs this weekend, all paperwork will be handed out tomorrow at All Star Diving. Melissa Farella will also email the host teams so that they can print the info out as well. The colored lane cards are for All Stars. Also please review the constitution regarding scoring as it is different at the championship meet. Swimmers can be entered in only three events. If a child is entered into too many events they will be disqualified. The options include: two individual events and one relay, one individual event and two relays, or three relays.

8 & Under relays will be first at All Stars.

**A special thanks to Briarcliff for Hosting Division II Championships as well as the All Star Meet for the 2025 season.**

**7. Meeting Dates for 2026:** There must be one representative present from each Club For all meetings. As specified in the constitution there is an assessment for missing meetings.

Meeting attendance was very good for 2025 season. We appreciate everyone being flexible whether meeting on ZOOM or in person.

- a) February 2026: Executive Committee Meeting
- b) First NWSC meeting, May 20th or 21st, 2026
- c) Coaches & Reps: Wednesday June 17th or Thursday June 18th, 2026
- d) Wrap-up: After All Star Diving Meet July 30th, 2026

**Motion to accept conference meeting schedule** – Lewisboro, Seconded – Pound Ridge.

Unanimously approved.

**8. Eligibility of Lifeguards & Coaches** - Athletes employed as lifeguards or other summer employment may only compete for the NWSC team appropriate to their municipality of residence or the club at which they are bonafide dues paying members. If neither is applicable, requests must be made to the Rules and Procedures Committee at the June meeting each year and decisions from the prior years are grandfathered in as long as there were no changes.

No guard suits are allowed to be worn during swim meets.

Members of the same family must swim at the same club. This was discussed at the June 18<sup>th</sup>, 2026 meeting. See page 5 of the constitution.

**9. Dual and B Meets, Scoring, Sportsmanship, Lane Cards, and Scoring Sheets** – A team that scores 289 points (267 when there is no diving) shall be declared the winner. Once the winning score is achieved the winning team should tell the official that they will stop scoring. Teams should not run up the score.

The visiting team chooses the lanes at Dual Meets.

If you are the host team it is your responsibility to report the meet results to the NWSC. Lane cards and scoring sheets should have first and last names of swimmers and divers.

Anyone included on your roster needs to be a member of your Club as noted in the eligibility requirements as stated in the constitution.

Please use the correct dive sheets. There are different dive sheets for Dual meets, B meets and championships. The first dive should be a mandatory dive 101A, B, or C. Then the other three dives should be from the other categories.

Lifeguards and coaches should not be in the water at B meets. The swimmer is the only one allowed in the lane during a swim meet.

No lifeguard suits allowed for meets. Need to wear a team suit or a generic suit.

If you cannot attend a B Meet, please let the host Club know. If you are participating in B Meets you also need to offer to host a B Meet. Before attending a B Meet check in with the host team and see if you can contribute ribbons and assistance in running the meet.

**Rescheduling meets after the deadline needs to be limited.** This season there were 10 to 12 rescheduled meets which is far too many.

If you see anything wrong on the website, please let us know.

**10. Old Business** –Bedford Hills Triathlon was a huge success! Thanks to all who

helped and participated in the event.

**11. New Business: Motion:** Remove the eligibility requirement rule in the Constitution specifying that all members of a family must swim for the same pool club in the NWSC. Motion MKMP, seconded – Lakeside.

Further discussion was tabled for the first in person meeting in 2026.

**12. Motion to adjourn:** Pound Ridge, Seconded, MKMP. Meeting Adjourned at 7:52 pm.

The minutes of the July 31st, 2025, meeting are hereby submitted for approval, Kelly Blacker, Recording Secretary.